



SAN DIEGO COUNTY  
MEDICAL SOCIETY  
FOUNDATION

2012 ANNUAL REPORT



### **A Life Saved: Collaboration and Coordination is the Essence of Project Access**

Joel did not know his life was in danger when he sought care at his community clinic for abdominal pain he had lived with for three years. Referred to Project Access, Joel, a father of two young children, participated in the March 2011 Saturday Surgery Day to diagnose his intestinal issues and bleeding. As part of the GI procedures offered at the semi-annual Kaiser Permanente Super Saturday Surgery Days, Daniel Anderson, MD, performed a colonoscopy; it revealed a rare form of familial colorectal cancer, diagnosed at Stage 4.



Colon cancer is second only to lung cancer as a cause of cancer deaths in Californians. And yet, it is also one of the most preventable cancers. Since late 2008, the diagnostic colonoscopies provided by Kaiser gastroenterologists have removed potentially-cancerous growths in 21 patients, a life-saving measure.

Joel received imaging from Imaging Healthcare Specialists, oncologist Alberto Bessudo, MD, provided chemotherapy, and Eva Lean, MD, provided radiation therapy. Marco Tomassi, MD, and Huathin Khaw, MD, performed multiple surgeries to save Joel, and in addition, Kaiser Permanente provided genetic testing for Joel's two children; his five-year-old son carries the marker, and will be followed for early detection and treatment. Joel is now back to work, knowing he will celebrate many more of his children's special occasions.

Project Access exists due to the dedication of our volunteer physicians, such as those helping Joel. We are here for patients like Joel so that we can improve health and change lives in our community.



#### **Our Mission:**

Improving community health, access to care for all, and wellness for patients and physicians through engaged volunteerism.

#### **Vision:**

Improving health, changing lives

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**[www.sdcmsf.org](http://www.sdcmsf.org)**

### Cost Benefit Study Demonstrates PASD Community Benefits

A study done by UC San Diego health economist Todd Gilmer, PhD concluded that Project Access has greatly reduced emergency room costs and visits, inpatient hospital days, and repeated clinic visits. Patients may have visited the emergency department five to six times due to unbearable pain, infection or other issues prior to being referred to Project Access and receiving appropriate treatment from one of our volunteer specialists. In addition to health care cost reduction, patients reported a 75% decrease in work days missed due to illness or disability. The study looked at individual data comparing healthcare usage prior to and six months after completion of their treatment plan. Project Access is able to get people back to work, and caring for their families.

#### ▶ PASD Patients have limited access to care

**100% Household Income below 350% of the Federal Poverty Level**

**100% Uninsured County Residents**

**100% Patients have a Medical Home**

**98% Adults (18-54) 2% Seniors (55+)**

#### ▶ PASD Benefits the Community

##### ▶ Patients Back to Work

*Days of work missed reduced by 75%*

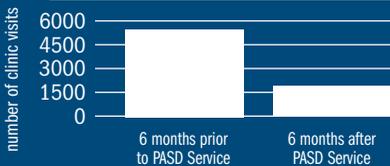
##### ▶ Emergency Department Visits

*Emergency Department costs reduced by 80%*



##### ▶ Number of Clinic Visits

*Clinic Visits costs reduced by 66%*



##### ▶ Hospital Inpatient Days

*Hospital Inpatient costs Reduced by 88%*



January 2010 - May 2012



*Mai Duong, MD, Will Tseng, MD, and Jane Bugea, MD, at graduate awards lunch.*

### Medical Student Scholarships

2012 marked the first year five scholarships were awarded to UC San Diego Medical School students. New residents Jane Bugea and Mai Duong were honored at a graduation weekend luncheon. They are both pursuing family practice in San Diego County, and have a goal to care for the underserved. First year students Diana Garcia, Amit Pandey and Anna Schoenbrunner impressed our Medical Student Scholarship committee with their dedication to public service and their exceptional medical student qualities. Congrats to all five!

Third year medical student and 2010 scholarship recipient Jessica Cruz was awarded a scholarship by the MacKenzie Foundation, which has been supporting UC San Diego and its medical students since 1977. Jessica was recognized for her passion for helping others, particularly those who come from low-income backgrounds.



*Patient Marisol de la Cruz thanks her surgeon, Robert Eisenberg, MD*

### White Coat Gala Brings in Green

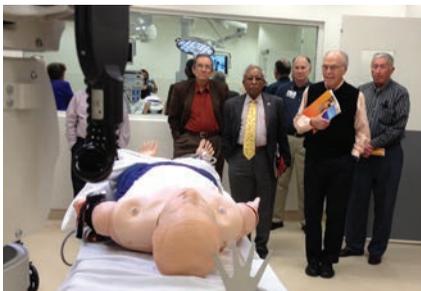
The San Diego County Medical Society's annual inauguration dinner, the White Coat Gala, benefitted Project Access in May 2012 with proceeds of a live auction. Physicians gathered to celebrate their colleagues, learned about Project Access, and heard from Marisol de la Cruz, a local artist who credits her renewed health to Project Access and her physician, Robert Eisenberg, MD. She donated a painting, enthusiastically purchased by Alexe Page, MD, a PASD volunteer and KP orthopedic surgeon, and presented another to Dr. Eisenberg.



*Stony Anderson, MD with KP colleagues Sandra Freiwald, MD and Paul Bernstein, MD*

**PASD Physician Volunteers Honored in Community**

Daniel “Stony” Anderson, MD, KP gastroenterologist, PASD champion and long-time physician volunteer, was honored by the County of San Diego Health & Human Services Agency in April 2012 as their Public Health Champions Theme Awardee, the highest honor, for his work with Project Access. Robert Eisenberg, MD, urologist, was honored by the Grossmont Healthcare District as a 2012 Healthcare Hero for his volunteer contributions to PASD. We are so honored that two extraordinary volunteers are recognized for their commitment to improving the health of those most vulnerable.



*Retired Physicians at UC San Diego*

**Retired Physicians Society Relaunched**

Thanks to the efforts of Mitsuo Tomita, MD and Rosemarie M. Johnson, MD, the Retired Physicians Society toured the UC San Diego Telemedicine Center and robotic surgery lab, the San Diego Blood Bank, and reminisced over the history of Scripps Health at a presentation and booksigning by Sarita Eastman, MD, retired physician and author. These lunch-hour meetings provide continuing education and opportunities to spend time with former colleagues. The group meets three to four times a year, and includes those who retired from practice in the community, as well as others who have moved to San Diego after retirement.



*City Heights residents received free flu shots thanks to Walgreens pharmacists.*

**PASD Immunization Initiative Launched**

San Diego County Medical Society Foundation led a collaboration of other community agencies to increase adult immunization rates for flu immunization at the end of 2012. The County of San Diego, the Black Nurses Association, the San Diego Chapter National Latina Nurses Association, Walgreens, International Rescue Committee, US Healthcare, WeSupportYou, the Mexican Consulate, and San Ysidro Health Center partnered with SDCMSF to outreach and provide free flu shots for community members nine to 75 years of age. Sanofi-Pasteur donated vaccine in addition to supplies from the County. This effort is part of our goals to address preventable diseases.

**HIGHLIGHTS OF OUR ACCOMPLISHMENTS DURING 2012**

**628 Physicians Volunteer for PASD**

Project Access San Diego now counts 628 specialty care physicians as volunteers, providing specialty healthcare consultations and services to uninsured adult patients. PASD is recognized throughout the county as the organized system for local healthcare volunteerism. Thanks to our growing number of volunteers, we have been able to improve access to care and health status for our community’s most vulnerable.

**2012 Project Access San Diego Highlights**

Number of uninsured patients receiving specialty care services	604
Number of uninsured patients assisted to receive public benefits	135
Number of donated specialty healthcare appointments	1,901
Number of donated surgeries	168
Number of volunteer specialty care physicians	628

**SDCMSF Sees Patient Benefits to Affordable Care Act**

Project Access San Diego has begun to see the positive effects of the MediCal expansion, feasible through the implementation of the Affordable Care Act, as adults without minor children became eligible for the County’s Low Income Health Plan, beginning July 2012.



**First Friend-and-Fund Raiser Reaps Rewards**

Heroes de la Salud, our first signature event, drew a sell-out crowd to Anthology in April to enjoy the music of Los Lobos, while highlighting the efforts of our physician volunteer heroes, as well as raising funds for SDCMSF’s flagship program, Project Access San Diego.

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### Saturday Surgery Days Serving More Patients

Thanks to our partnerships with both Kaiser Permanente and the Southern California Permanente Medical Group, and the Carlsbad Surgery Center, during 2012 85 patients received life-changing surgeries and GI procedures during one of four Saturday Surgery Days. The October KP Surgery Day marked the 10th Super Saturday Surgery Day, and volunteer physicians added sclerotherapy to our menu of surgical procedures. At Carlsbad Surgery Center, our September Surgery Day added orthopedics to the general surgery procedures provided. Through year end, a total of 13 Surgery Saturdays, in addition to our integrated surger model have resulted in health improved and lives changed for 568 uninsured patients.



### Physicians Adopting Electronic Health Records

San Diego County Medical Society Foundation provides technical assistance for small practice primary care providers to assist them to achieve meaningful use of their electronic health records. As of December 2012, 80% of those to whom we provide services had installed and begun implementation of their EHR. Many physicians have already seen great benefits of their EHR:

*I have had my current EMR since 2003 and would NEVER go back. For awhile, I worked in two offices, one with and one without EMR. It was impressive how much more efficient the electronic office was/is. Chart accessibility was one of the biggest advantages both between staff in the office and my ability to log on from home when on call. But now with electronic prescribing and electronic faxing, I find interfacing with other physicians and pharmacies is also easier.*

*G. Ryan Dominguez, M.D.*

### eConsultSD Expands Access to Specialty Healthcare

Through the generous support of Kaiser Foundation Hospitals, Southern California Region, and in partnership with the Council of Community Clinics, SDCMSF launched eConsultSD in early 2011 to assist primary care physicians practicing at the area community health centers with fast access to specialty care consultations for their patients. The system is HIPAA-compliant, able to accommodate imaging and medical notes from EHRs, and increases the capacity of PCPs to manage patient care. For those specialists who may not be able to volunteer to see patients in their offices, eConsultSD is an easy way to provide support to PCP colleagues, and improve the health of uninsured patients. Of the approximately 200 eConsults completed by year-end 2012, 96% of the patients' care was able to be managed by the primary care provider, not necessitating a face-to-face visit, and saving thousands of dollars.



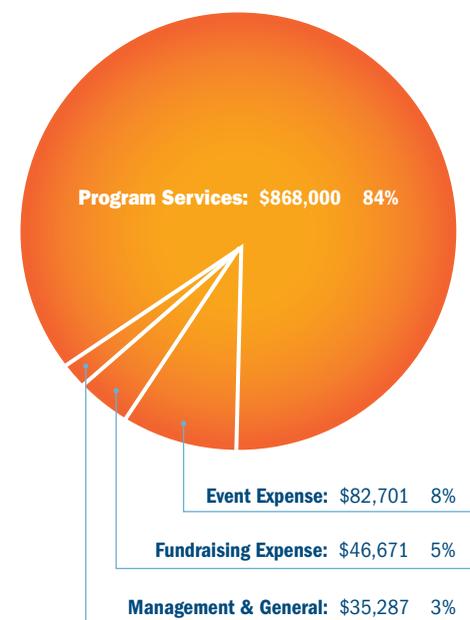
### Text4baby Shown to Improve Maternal and Child Health

Text4baby, a national mobile health education program managed locally by SDCMSF from 2010 to 2012, proved to increase users' health knowledge, improve interaction with healthcare providers, improve adherence to appointments and immunizations, and increase access to health resources. Evaluation over the two-year period demonstrated the potential positive impact of the Text4baby program and mobile health interventions as a whole. Text4babySD utilizes localized messages, and by October 2012, 5,388 expectant and new parents had utilized the text messaging program.

### Financial Highlights

(From Audited Financial Statements year ended September 30, 2012) SDCMSF received an unqualified opinion from Leaf & Cole, LLP, the highest designation from an independent audit.

**Total Assets:** \$807,915  
**Total Revenues:** \$988,038  
**Contributed Medical Services:** \$1,819,686



## 2012 Contributed Medical Services: \$1,819,686

Thank you to our volunteer physicians, hospitals and outpatient surgery centers, and other ancillary healthcare partners for their generous contribution to PASD patients.

### Ancillary Healthcare Partners (Providing Pro Bono Services)

Allosource  
Alvarado Hospital  
Amplatz  
Anesthesia Consultants of California Medical Group  
Anesthesia Service Medical Group  
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Cardinal Health Radiopharmacy  
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ZocDoc

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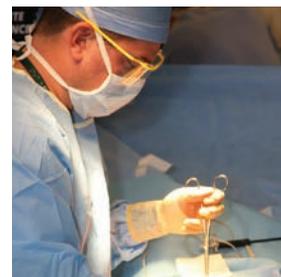
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