



THANK YOU TO OUR PARTNERS

2013 Contributed Medical Services: \$1,675,000

Thank you to our volunteer physicians, hospitals, outpatient surgery centers, anesthesia, imaging, and other ancillary healthcare partners for your generous contributions to Project Access patients. During FY 2013 (Oct 2012 - Sept. 2013) contributions totaled more than \$1,675,000. We are grateful to the many physicians who volunteer their valuable time, and to individuals and families for their donations, which we cannot list in this space. We could not assist the hundreds of low-income, uninsured San Diego County residents to improve their health and change their lives without this support.

**Ancillary Healthcare Partners
(Providing Pro Bono Services)**

Alcon
Allosource
Alvarado Hospital
Amplatz
American Medical Systems
Anesthesia Consultants of California Medical Group
Anesthesia Service Medical Group
Applied Medical
Arthrex
Boston Scientific
Cardinal Health Radiopharmacy
Carlsbad Surgery Center
cCare California Cancer Associates
Coast Surgery Center
Edward Ayub Orthopaedic & Sports Physical Therapy
The Endoscopy Center
Escondido Surgery Center
Euclid Endoscopy Center
EZIA Physical Therapy
Genzyme Corporation
Graybill Physical Therapy
Gyrus ACMI
Hanger Prosthetics and Orthotics
Harmony Home Medical
Health Tronics
Imaging Healthcare Specialists
Innovative Ophthalmic Products Inc.
IOP Ophthalmics
Kaiser Permanente
Kolberg Ocular Prosthetics
LabCorp
La Jolla Endoscopy Center
La Maestra Family Clinic Imaging
Longevity Physical Therapy
Miraca Life Sciences
MJ Medical, Inc.

NeuroTrace, Inc.
Nextmed, Inc.
North Coast Surgery Center
Oasis Surgery Center
Omni Motion
Oncology Therapies of Vista
Ophthalmic Biologics Company
Orthopaedic Surgery Center of La Jolla
Otay Lakes Surgery Center
Ottobock
Outpatient Surgery of Del Mar
Pacific Surgery Center
Palomar Health
Paradise Valley Hospital
Parkway Endoscopy Center
PhenoPath Laboratories
Physician's Surgery Center at Alvarado
Poway Surgery Center
Practice Plus Solutions
Prime Anesthesia Services
Quest Diagnostics
Rancho Bernardo Surgery Center
San Diego County Speech Pathology Services, Inc.
San Diego Imaging
San Diego Outpatient Ambulatory Surgical Center
San Diego Pathologists Medical Group
San Diego Spine and Sport
San Dieguito Anesthesiology Medical Group
Scripps Health
Scripps Mercy Surgery Pavilion
Smith and Nephew
Stryker
Surgical Center of San Diego
Tri-City Medical Center
UC San Diego Health System
UC San Diego Radiation Oncology Center South Bay

Valley Radiology
Vital Wear

**Business & Organizations
Contributions**

Aetna Inc.
AKT LLP
Alvarado Hospital Medical Center
Barney & Barney, LLC
BMI Mortgage & Realty
Care Minders Home Care
Carroll Kelly Trotter Franzen & McKenna
City National Bank
Comfort Keepers
Compass Spine
DocRight
Doctors Insurance Agency
Duckor Spradling Metzger & Wynne
Dunham & Associates
Empire Employer & Staffing Services
Financial Advisor Corporation
Finest City Improv LLC
First Citizens Bank
Higgs Fletcher & Mack
Imaging Healthcare Specialists, LLC
It's Just Lunch
Kazmarek Technology Solutions, Inc.
Lifehouse Properties
MD4ME
Medico Professional Linen
MG Medical Management, Inc.
Molina Healthcare
Neil, Dymott, Frank, McFall & Trexler
NORCAL Mutual Insurance Company
North Coast Health Center
Opprime Investments, Inc.
Paradise Valley Medical Center
Pauley Equipment Of Temecula Inc.
Ranch and Coast Plastic Surgery
San Diego Homecare Supplies

San Ysidro Health Center
Sharp Health Plan
Shea Family
Simms Health Plan
Soundoff Computing
Surgery One
The Doctors Company
Torrey Pines Bank
UC San Diego Health System
Valley Radiology Consultants
Vibra Hospital of San Diego
Wells Fargo Bank
Wells Fargo Advisors
WestMed College
WestPac Wealth Investments
Xtreme Care Ambulance, Inc.

Foundation Giving

Blue Shield of CA Foundation
California Endowment
California Wellness Foundation
CCC-Community Clinics Health Network
CVS Caremark
Grossmont Healthcare District
Kaiser Permanente
LM Newman Family Foundation
Rancho Santa Fe Foundation
RGK Foundation
S. Mark Taper Foundation
San Diego Beacon
San Diego Gynecological Society
San Diego Women's Foundation
Susan G. Komen for the Cure
The Doctors Company Foundation
Tri-City Healthcare District
Weingart Foundation
Wells Fargo Foundation



5575 Ruffin Rd., Suite 250
San Diego, CA 92123
858.300.2777
www.sdcmsf.org
foundation@sdcmsf.org

Improving Health...

2,400+
Patients with
Improved
Health

20
Lives
Saved

80%
Reduction in
Emergency
Department
Visits

75%
Reduction in
Work Days
Missed

682
Surgeries
and GI
Procedures

7,463
Specialty
Healthcare
Appointments

\$8 Million
in donated care thanks to Physicians,
Hospitals, Surgery Centers & Ancillary
Healthcare Providers

Changing Lives
SINCE 2008

BOARD OF DIRECTORS 2012-2013

Executive Committee

Stuart Cohen, M.D., Board President
 Will Tseng, M.D., Vice President
 Al Ray, M.D., Treasurer & Secretary
 Carol L. Young, M.D., Immediate Past President
 Tom Gehring, CEO

Board of Directors

Ellen Beck, M.D., Family Medicine, UC San Diego
 Will Tseng, M.D., Internal Medicine, Southern California Permanente Medical Group

Stuart Cohen, M.D., Pediatrician, Children's Primary Medical Group
 Jeffrey Willmann, Opprime Investments, Inc.

Robert DeSimone, Doctors Insurance Company
 Carol L. Young, M.D., Internal Medicine/Rheumatology, Arthritis Medical Clinic

Tom Gehring, CEO, San Diego County Medical Society

James Hay, M.D., Family Medicine, PASD Leadership Committee Chair

Oscar Medina, Founding Partner, Strategic P.E.T. Solutions International

Ron Mitchell, CPA, AKT CPAs and Business Consultants

Al Ray, M.D., Family Medicine, Southern California Permanente Medical Group

Will Tseng, M.D., Internal Medicine, Southern California Permanente Medical Group

Jeffrey Willmann, Opprime Investments, Inc.

Carol L. Young, M.D., Internal Medicine/Rheumatology, Arthritis Medical Clinic

Mary Robberson, Esq., Partner, Higgs Fletcher & Mack, LLP

Ex Officio

Rosemarie Marshall Johnson, M.D., Medical Liaison

James Schultz, M.D., Medical Director

Barbara Mandel, MBA, Executive Director

Financial Highlights

During fiscal year 2013 we assisted 451 low-income and uninsured adults access healthcare services through Project Access San Diego.

Total Revenue 2013: \$749,447
 Total Assets as of 9/30/13: \$396,190
 Contributed Medical Services: \$1,675,114

Total 2013 Expenses: \$997,992

Program Services: 85%

Fundraising & Event Expense: 12%

Management & Administration: 3%

This information extracted from Audited Financial Statements year ended September 30, 2013. SDCMSF received an unmodified opinion on these audited financial statements from Leaf & Cole, LLP; this is the highest designation from an independent audit.

Our Mission:

Improving community health, access to care for all, and wellness for patients and physicians through engaged volunteerism.



RESTORING VISION, RENEWING LIFE: Glen Cook, M.D.

For most of us, driving to work, reading the paper, watching your child's soccer game, are all second nature. But if your vision had diminished for years due to cataracts to the point you were considered legally blind, cataract surgery to restore your vision would allow you to regain the life you had: independence, employment, and connection with the world around you.

Ophthalmologist Glenn Cook, MD, anesthesiologist Babak Abedi, MD, and their team at Surgery Center of Del Mar gave a new meaning of Thanksgiving to eight low-income individuals on the Saturday in late November. Maria Maldonado arrived totally blind, and her unusually thick cataracts caused after diabetic coma were a challenge to the team. Upon awakening Maria, Dr. Cook asked what color she saw. Initially, the answer was "black." But just minutes later, Maria exclaimed that she could see Dr. Cook's hand. When he asked how many fingers he was holding up, Maria correctly answered "two." The entire surgical team burst into cheers and high-fives! They had accomplished something they did not see every day; restoring vision to a sightless person who had become so isolated and dependent due to her blindness. Maria can now leave her apartment by herself, grocery shop and cook for her family, and enjoy the antics and activities of those around her. Thanks to Dr. Cook and team for changing the lives of Maria and others like her.

Project Access exists due to the dedication of our volunteer physicians, such as those helping Maria. We are here for patients like Maria so that we can improve health and change lives in our community.

LIFE SAVED DUE TO COLORECTAL CANCER EARLY DETECTION

Through our partnership with Kaiser Permanente, SDCMSF has provided 211 colorectal cancer diagnostic colonoscopies and sigmoidoscopies to uninsured community clinic patients with positive screening tests or symptoms since 2008. Yuk Ja Chan is one of those whose positive FIT test brought her to Project Access San Diego, and to a Kaiser Permanente Saturday Surgery Day on October 19, 2013.



Yuk Ja was born in Hong Kong, emigrated with her family to Panama at age five, and was finally reunited with her brother in Escondido 2000 as a widow with young children. She now cares for her brother's children, whose mother died of cancer. Her colonoscopy, performed by Payan Afshar, MD, revealed colon cancer and needed surgery. Marco Tomassi, MD (seen with Chan), performed a colon resection to remove the cancer, saving her life! Yuk Ja is now cancer-free, and grateful for the life-changing care she received. And true to our efforts to improve access, she became eligible for health

insurance in January 2014 due to the expanded benefits of the Affordable Care Act.



Mobile Mammography Creates Community Access

Our partnership with We Support U, a grassroots group focused on breast and cervical cancer prevention, allowed us to expand our prevention efforts in 2013. Funded by Susan G. Komen for the Cure, we provided 84 free clinical breast exams and mammograms in one day at Chargers Stadium, and 824 during October through December. Many of the women served had never had a breast exam or mammogram previously.

2013 HEALTH HEROES

2013 marked the inaugural Health Heroes awards for SDCMSF. We acknowledged the remarkable contributions of:

Wendy Buchi, MD
 Champion Award

Imaging Healthcare Specialists
 Unsung Heroes Award

SurgeryOne/ASMG
 Spirit Award

Rosemarie Marshall Johnson, MD
 Legacy Award

Kaiser Permanente
 Above & Beyond Award



Members of the SurgeryOne/ASMG team received award at the 2013 White Coat Gala



Wendy Buchi, MD received Champion Award at the fall Heroes de la Salud event.



2013 ACES FOR HEALTH

The 451 patients who received specialty medical services through Project Access in FY 2013 say thank you to the golfers and sponsors who contributed to the success of our first annual Aces for Health Golf Tournament at Del Mar Country Club in February 2013. Based on its great success, the 2nd annual tournament on March 13, 2014, followed suit!



PHYSICIAN WELLNESS PRIORITY FOR SDCMSF

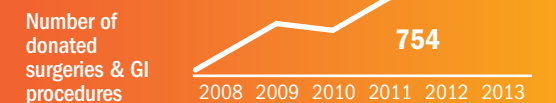
SDCMSF Foundation hosts tri-annual regional workshops for the California Public Protection and Physician Health, Inc. (CPPPH), a non-profit developed by the CMA, CHA, California Psychiatry Association and California Society of Addiction Medicine. Bringing together the members of the Physician Well Being Committees from area hospital medical staffs and medical groups, participants share experiences and resources, mentor newer members, and learn about developments in the area of physician wellness. CPPPH also develops guidelines for Well Being functions and educates and connects physicians across the state who treat doctors with medical, substance abuse, or mental health issues that potentially put patients at risk. SDCMSF Board member James T. Hay, MD, chairs CPPPH, and facilitated this important partnership. For more information visit www.CPPPH.org.

1 in 5

Adults Will Remain Uninsured After Full Implementation of the Affordable Care Act

Project Access Serves Those Most Vulnerable

2013 Project Access San Diego Highlights



MEDICAL STUDENT SUPPORT

SDCMSF continues to support UC San Diego School of Medicine students through scholarships for both students and residents, and legislative advocacy training. In Spring 2013, Steven Rojas, MD, was awarded the resident scholarship for his impressive commitment to caring for the medically underserved and mentorship of minority undergraduates. Steven says of his residency in Family Medicine, "I think primary care is the most relevant with the direction medicine is heading; prevention is critical for keeping folks out of the hospital, so everyone wins." First-years John Waggoner and Lindsey Youngquist were awarded scholarships to provide support during their four-year med school studies.

